# Weekly Bulletin

December 6th 2024







Micro:bit Christmas Carols in Oak Class

Get ready everyone for our Nativity 'Whoops a Daisy Angel' on Wednesday and Thursday next week! Come along and enjoy our tale of a disorganised but lovable angel who is chosen to show the way to Bethlehem. **Tickets are now available to book** <u>Nativity Ticket Requests</u> (priority for tickets will be given to families of our Reception and Key Stage 1 performers)

Most children require a snack at morning break to keep them going through the day and we encourage children to bring in healthy snacks, which will help contribute to their 5 daily portions of fruit and vegetables, keep them alert and help them concentrate.

Children in Willow Class and Year 1 & 2 have a daily snack of fruit or veg provided by the government, so will not need an additional snack. We can also provide subsidised milk through our partner <u>Cool Milk</u>.

If do wish to send in healthy snacks with your child please limit them to the list below.

- Vegetables/ vegetable sticks such as celery, cucumber, peppers or carrot.
- A piece of cheese.
- Fresh or dried fruit pineapple, mango, kiwi, plain raisins, apricots, blueberries, banana.
- Bread sticks, or oat/rice cakes.

We are aiming for a common sense, wrapper free approach, with the key being to keep it healthy.



We look forward to inviting your children into school in their Christmas outfits on **Friday 13<sup>th</sup> December**. In return, we ask you to bring a Christmas donation for our Christmas Hampers, which will be raffled the following week. Our **HSA PJ Party the same evening** is now available for you to book. Our HSA also accept cash on the doors. If anyone would like any financial help with ticket(s), please contact a member of the HSA.

On **Wednesday 18<sup>th</sup> December** the children will be celebrating Christmas with a special **Christmas lunch in school**. Children can wear Christmas outfits and all children will be able to enjoy the atmosphere together with the staff, crackers and festive cheer. For those children in Willow Class or in Year 2, the Christmas Meal will be free of charge, for



all other children the cost will be £3.25. To help us prepare for this, <u>please let us know</u> if your child will be bringing a packed lunch on the day.

## **Our Breakfast Club Plans**

We are steadily getting ready for our **Breakfast Club launch on 7<sup>th</sup> January 2025**. From 7:45am for £5.25 per child per day, children can have a healthy breakfast and play together under the supervision of school staff. To share your interest in places at our new Breakfast Club complete our <u>registration of interest here</u>.

# **Education Inclusion Family Advice**

Christmas can be a tricky time for children who have sensory differences. Whether it is different smells, bright lights, sounds, tastes, these can be hard for children to manage, and they become overwhelmed. Here are some top tips to help them...

### Explore opportunities to go to events at a quieter time.

How long do you plan to spend there, what's the environment like, how busy will it be, is there a 'quiet space' offered where they can take a break if needed.

**Encourage your child to use ear defenders or earmuffs to help them manage loud noises.** You could also ask if they would like to wear earphones and listen to their favourite music/story.

**Distraction is a great way to help children cope with sensory input that they find distressing.** Fidget toys, things that smell nice, fabric they enjoy, a tight hug, can all be helpful. You could build a 'sensory bag' to have at home or take with you when things might get tricky.

**Book here** for online workshops for parents in December:

- Sleep 10th December 12-1pm
- **Support your child with worried feelings -** 17th December 6pm 7.30pm

Source: www.futurestepsot.co.uk

#### **Diabetes Research**

Researchers at the University of Birmingham with the NHS are conducting screening for children, aged 3-13 years to find out their risk of getting type 1 diabetes. This is a simple finger stick blood test can be done at home or school and **we are offering the screening at our school on Thursday 6<sup>th</sup> Feb 2025.** Children identified as at high risk can then be monitored and enter research studies aiming to delay the start of type 1 diabetes. Every family who takes part in the ELSA study is helping us to understand more about type 1 diabetes. View the <u>Study Website here</u>. To consent for your child to take part -<u>sign your child up here</u>.

GOLDEN	Vienna H	Alfie McD	Stanislav K	
Upcoming Events				
Thursday 5 <sup>th</sup> December	Deadline for Parent	Deadline for Parent Governor Elections		
Friday 6 <sup>th</sup> December	Church Carol Service	Church Carol Service 6pm		
Wednesday 11 <sup>th</sup> Decembe	<b>r</b> Evening Nativity Per	Evening Nativity Performance 6pm		
<b>Thursday 12<sup>th</sup> December</b> Afternoon Nativity Performance 2pm				
Friday 13 <sup>th</sup> December	HSA PJ Film Night			
Wednesday 18 <sup>th</sup> December	r Christmas Dinner	Christmas Dinner		
Friday 20 <sup>th</sup> December	Last Day of Term	Last Day of Term		
Tuesday 7 <sup>th</sup> January	Spring Term Begins	Spring Term Begins		

Have a lovely weekend



