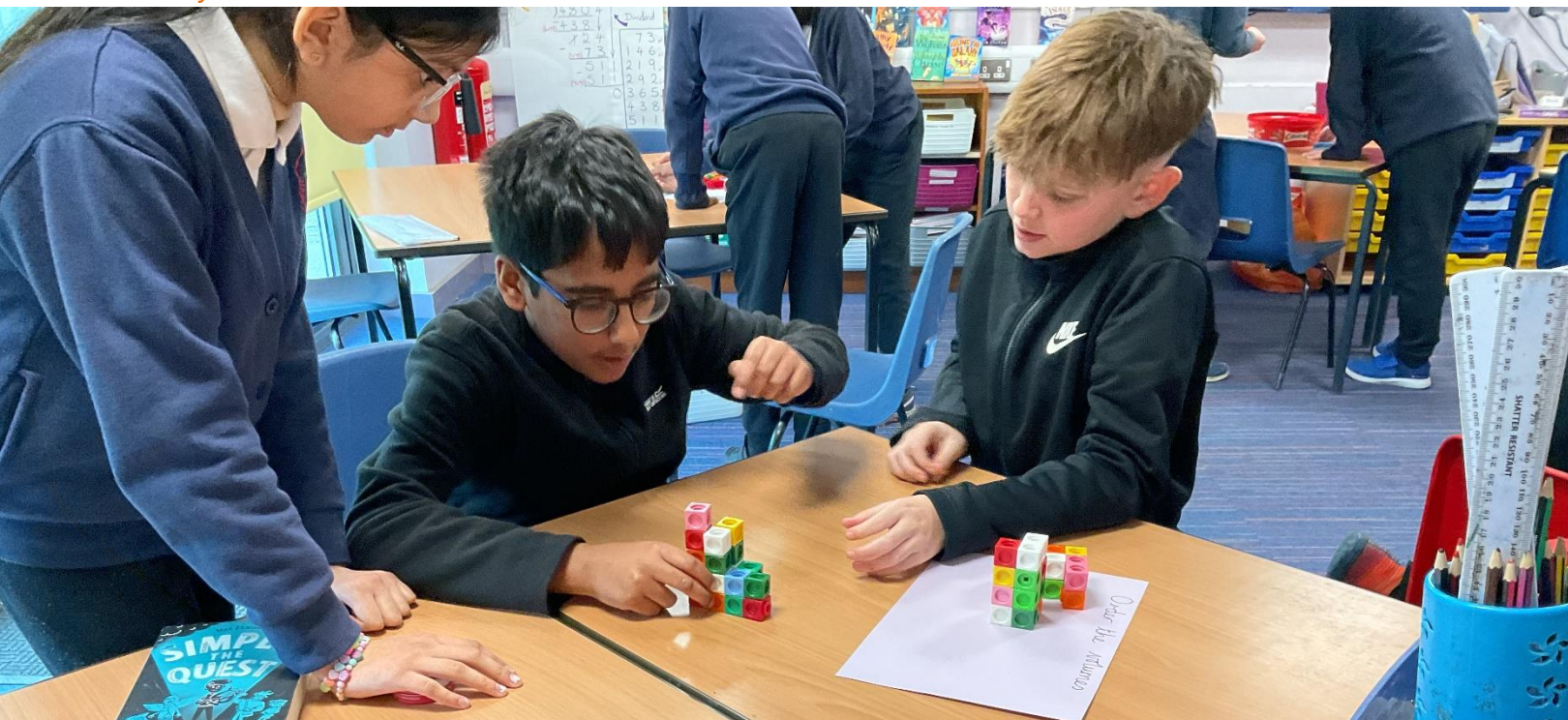


# Weekly Bulletin

February 7<sup>th</sup> 2025



Oak Class exploring Volume in Geometry

**Home  
Start**

Support and friendship  
for families

Every February, Home-Start celebrates their impactful work within our community. Since 1983, this charity has been a pillar of support for families, providing 40 years of friendly, confidential, and compassionate assistance during challenging times. We're delighted to share that our school is participating in this wonderful event with a 'non uniform' day for all pupils for Friday 14<sup>th</sup> February. Please help to fill this 'page of hearts' with messages and [make your donation online today!](#)

## Journeys to and from school

Jopling Way is particularly busy first thing in the morning so drivers need to be alert and drive slowly and children need regular safety reminders to continue developing road and traffic awareness during their [journeys to and from school](#). It can be hard for motorists to see cyclists and pedestrians so please support your child to find a safe time to cross the school car park.

We encourage all children to walk or cycle to school. If cycling we ask that your child wears a bike safety helmet, use the bike store and rides their bike safely. Please also take some time to read the Cycle Safety Information leaflet, national bike safety scheme and other information below.

[Think! Cycle Safety](#)

[Highway Code Rules for Cyclists](#)

[Sustrans Cycling Charity](#)



*Be in the line at quarter to nine*

## Medication in School

This is a gentle reminder to note that all medication should be given to the school office – **NOT** class staff. Please refer to [our website](#) for more information. Prescription Medication should be administered at home wherever possible. Prescription medicines will only be administered by school when prescribed 4 times a day.



**Medicines should always be provided in the original container as dispensed by a pharmacist and include the prescriber's instructions for administration.**

Prescribed long-term medication will be kept in a cupboard in your child's classroom in a clearly labelled box containing our medication protocol. When a member of our staff administers medicine, they will check your permission form, to ensure that the dose and timing are correct. They will then administer the medicine as required, and record this.

## Parent Support

Amy Murden, our schools link Education Inclusion Family Advisor (EIFA), would like to welcome you to the themed **virtual coffee mornings** below. Have to hand a hot drink/cold drink and join through the link below. **There is no need to book a place** on this event, just attend with the information below.





[Join Here](#) Meeting ID: 330 925 195 053 Passcode: ME3H2Sm9

Managing Behaviours that Challenge us	Tuesday 11th February @ 10am
Supporting your child with Feelings of Anger	Wednesday 26th February @ 10am
Supporting your child with Feelings of Worry	Friday 14th March @ 10am
Supporting your child with Sleep	Thursday 27th March @ 10am

Parents' consultation meetings take place in school on **Wednesday 26<sup>th</sup> and Thursday 27<sup>th</sup> Feb**. This is an opportunity for you to have a progress update from your child's teacher, and for them to provide an overview of your child in school. Look out for further notice of our online booking system opening after half term. We hope to see you there!

## Twilight with the Museums 17-23 February 2025

This February half term, see Cambridge's museums in a new light as many brighten up their darkened galleries with spectacular lighting. Enjoy special performances, hands-on science, creative crafts and more! Events are free or low-cost, with both pre-bookable and drop-in activities. Many museums are within easy walking distance, so you can make the most of your evening. [Find out more here.](#)

	 <b>Max W</b>	 <b>Carter F</b>	 <b>Stephen G</b>
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Please check [our website calendar](#) for upcoming events and important dates  
From the Team at Hauxton Primary School – we wish you well!

# Education Inclusion Family Advisor Newsletter

## February 2025

### A Message From Me

Hello, I am Amy L Murden.

I am the Education Inclusion Family Advisor (EIFA) allocated to your school.

If you would like to self-refer for support,

Please [Click Here](#).

Or For more information speak to your school office or contact myself using the information at the bottom.

### Activity Idea – Fizzy Lava Lamp

While we're stuck indoors due to the poor weather, this is a fun science-based activity you can try.

You will need:

-An empty jar, sunflower oil, water, food colouring, bicarbonate of soda & a torch.

Instructions:

1. Add the sunflower oil to the halfway point of the jar.
2. Add some drops of food colouring too.
3. Top up the rest of the jar with water.
4. Switch on your torch & rest it so it is shining through the jar.
5. Put in a spoonful of bicarbonate of soda and quickly screw on the lid.
6. Watch the 'lava' fizz and bubble around inside the jar.
7. Next you can try using different jar & bottle shapes as well as different food colours to create a whole set.



### Parenting Top Tip - Anxiety

Anxiety is an unpleasant feeling of fear, panic or worry. So how can you help your child with managing their anxiety?

**Worry time** – Having specific time set aside to worry can help with clearing thoughts.

**Worry box/monster** – Use a box or toy monster to add any worries to. This is especially helpful if your child is a nighttime worrier.

**Worry balloon** – Blow a balloon up, put all your worries in and let it go.

**Find positives** – If a child worries about something try to think and find the positives.

**Problem solving** – Think about all the solutions to the worry and then break down the steps.

**Feelings diary** - Record or draw things that have worried you during the day and add at the end: "How I managed it" & "What helped me."

If you'd like more information about these ideas, keep an eye out for our Supporting Your Child with Feelings of Worry online workshop we run regularly.



### Another Resource

Have a look at this NHS webpage which looks into understanding anxiety in further detail:

[Anxiety - Every Mind Matters - NHS](#)

Does your child have, or potentially have, an additional need or disability? Pinpoint ([www.pinpoint-cambs.org.uk](http://www.pinpoint-cambs.org.uk)) have lots of information, advice and tips. For Cambridgeshire's Local Offer go to [www.cambridgeshire.gov.uk/residents/children-and-families/local-offer](http://www.cambridgeshire.gov.uk/residents/children-and-families/local-offer)



Cambridgeshire  
County Council

Contact me directly on  
✉ [Amy.Murden@cambridgeshire.gov.uk](mailto:Amy.Murden@cambridgeshire.gov.uk)